## SunSmart Early Childhood Creative play

# SUN SMART®

#### Stencil art

Download the six SunSmart stencil templates [pdf 21K]. Use strong cardboard to cut out your own stencils. Children create their own SunSmart poster using the six stencils and/or the cut-outs

#### SunSmart match up

Use the cut-out shapes and stencil templates [pdf 21K] used in the SunSmart stencil art activity to create a matching shapes activity.

#### **Clothing design**

Design and make SunSmart clothes to paste on a child's body tracing or dress a puppet or cardboard cut-out figure shape.

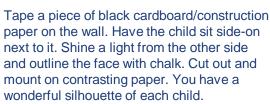
#### **Dressing up**

Provide a basket of SunSmart dolls' clothes and a doll to dress and undress with perhaps a large photograph nearby to indicate the type of scenario the doll is to be dressed for, e.g. a park, the beach, a playground.

#### **Silhouettes**







Display these and ask children to guess which 'shadow' belongs to each child.

These would create a lovely gift for children to take home to their family.

#### SunSmart Countdown

An easy way to remember the five sun protection measures is by associating them with the five fingers on your hand - the 5 SunSmart Countdown steps. You can then do a 'five finger check' each day to make sure you've got all the measures covered.

Draw a large picture of a hand with each finger showing a different sun protection measure hat, clothing, sunscreen, shade and sunglasses.



#### SunSmart spot the difference

These images have been designed to be used in a 'Spot the Difference' game highlighting sun protection behaviours.

- Instructions
- Picture A
- Picture B
- List of differences





#### SunSmart wide brimmed cone hat

Cut out a large circle from cardboard (large enough to provide good coverage of the child's head, face, neck and ears). Allow children to paint, draw or paste to decorate. Mark the centre of the circle and cut from the edge of the circle into the centre. Overlap edges to fit the child's head and sticky tape. (Idea from Sue Stanecki)



VicHealth

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Cancer Council