**CARDINIA WEEKLY LEARNING ACTIVITIES AT HOME- WEEK 2**

**Our commitment to our families continues while your child/ren are not attending the centre. To support ongoing learning, we have created a calendar of ideas. These ideas are a guide. You can change and extend on these ideas. We would love for you to share what you have been learning about. Please send us photos and stories. Contact us if you have questions, ideas or require support.**

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| **MONDAY 17-8-2020** | **TUESDAY 18-8-2020** | **WEDNESDAY 19-8-2020** | **THURSDAY 20-8-2020** | **FRIDAY 21-8-2020** |
| **SCIENCE****Concept of “hot” and “cool”****-using water by drinking cold water and warm water****-use ice if possible “what does it feel like?”****(supervision is required)****Take photos and send to us.** | **TECHNOLOGY****Making bubbles using dishwashing liquid and water – blowing the bubbles** **Take photos and send to us.** | **ENGINEERING****“Building and Balancing”****Find and collect boxes (different sizes) that you can find at home.****Give opportunities for your child to stack/build it together.** **Take photos and send to us.** | **ARTS****Draw or paint your feeling****-face expression “what does happy look like?”Take photos and send to us.** | **MATHS****Learning about numbers** **-recognition and identification** **-help children to write the numbers 1-10.** |
| **IDENTITY****Learning about different cultural backgrounds****-talk about your own family (culture, language)** | **COMMUNITY****Verbally talking and discussing with your child about what’s around your community (police station, fire station, grocery, library?)**  | **WELLBEING****Dental Health Week****-healthy eating. What types of food are good for your body?**  | **DISPOSITIONS****Yoga****-trying to balance different poses and positions.** <https://www.yogajournal.com/poses/5-kid-friendly-animal-poses-to-introduce-children-to-yoga> | **COMMUNICATION****Share a book with your child, read it together, and communicate what the story is about.** **Give opportunities for your child to verbally communicate.**  |
| **HYGIENE****Washing hands regularly.**  | **RESILIENCE****“Stop and Freeze” game while playing music.** <https://www.youtube.com/watch?v=2UcZWXvgMZE> | **SELF-HELP****-get your child to dress themselves****-eat by themselves**  | **AGENCY****“what should I wear?”allowing your child to choose what they want to wear and dress themselves.**  | **PACK AWAY/RESET****Independence skills** **-picking up toys after playing** |